



WEST COAST SWING

WITH JES ANN NAIL

Level 3 Prerequisites

We will focus on musicality and advanced concepts of WCS and you will need to be comfortable with all basic patterns and their variations

Left-Side Pass (LSP)

- LSP w/ Follower's Inside Spin
- LSP w/ Leader's Left Turn
- LSP to Closed Position
- LSP w/ Follower's Outside (Tuck) Turn

Sugar Push (SP)

- SP w/ Follower's Outside (Tuck) Turn
- SP w/ Follower's Inside/Cutoff Turn
- SP w/ Leader's Turn
- SP to Closed Position

Right-Side Pass (RSP)

- RSP w/ Follower's Outside Spin
- RSP w/ Follower's Double Outside Spin
- RSP w/ Leader's Right Turn
- RSP to Closed Position
- RSP to Follower's Hip-Catch

Whip

- Whip w/ Follower's Outside Spin
- Whip w/ Follower's Double Outside Spin
- Whip w/ Follower's Inside Turn
- Basket Whip
- Reverse Whip
- Hustle Whip

Our learning recommendation is to take the Level 2 Class for the entire 24-weeks (6 months) series, where all of this content will all be covered.